

RFP19-011-22
Elderly Nutrition Program Home Delivered Meal Catering
Information Meeting – July 17, 2019

Current Bulk Meal Delivery Locations: Delivery locations subject to change in each service area based on program needs.

Clintonville: Clintonville Community Center - 30 S. Main Street, Clintonville, WI 54929

Iola: Living Oaks Assisted Living – 505 Iola Street, Iola, WI 54945

Manawa: Little Wolf Town Hall – E6325 County Road N, Manawa, WI 54949

Marion: Lions Point Park – 325 W. Garfield Avenue, Marion, WI 54950

New London: Washington Center – 600 W. Washington Street, New London, WI 54961

Waupaca: Trinity Lutheran Church – 206 E. Badger Street, Waupaca, WI 54981

Weyauwega: City Hall – 109 E. Main Street, Weyauwega, WI, 54983

2018 Home Delivered Meal Volume by Service Area:

Service Area	2018 Actual Annual Meal Count	2018 Est. Monthly Meal Count	2018 Est. Daily Meal Count
Clintonville	9,017	751	37
Iola	4,978	414	20
Manawa	5,511	459	22
Marion	1,658	138	6
New London	7,217	601	30
Waupaca	14,724	1,227	61
Weyauwega/Fremont	5,961	496	24
Countywide Total	49,066	4,086	200

Nutrition Program Meal Pattern Requirements:

Meal Component	Minimum # of Servings Per Individual Meal	Serving Size <u>Examples</u>
Grains	1	1 regular slice bread, ½ cup cooked, 1 cup ready-to-eat cereal, 1 6” tortilla, ½ regular size bun
Fruit and/or Vegetable	3 Dark Green Vegetable – At least 1 serving per week Red/Orange Vegetable – At least 2 servings per week Beans/Peas – At least 1 serving per week Starchy Vegetables – At least 2 servings per week	½ cup fresh, frozen, or canned (cooked or raw), ¼ cup dried fruit, 1 cup raw leafy greens, ½ cup 100% fruit or vegetable
Fluid Milk	1	8 fluid ounces of 1 cup
Protein Foods	1	3 oz. equivalent
Fats and Oils	1	1 teaspoon served on side or used in cooking
Dessert (optional)	1	½ cup Fruit or vegetable contained in a dessert may count toward the fruit or vegetable component, respectively